

# CAFÉ MENU

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PLEASE ASK US ABOUT THE ALLERGENS IN OUR FOOD

## BREAKFAST

8.00–11.00

**Bacon or sausage bap** 310/397 kcal – £3.00

**Pakora & semi-dried tomato tapenade bap**  
(vg) 385 kcal – £3.00

**Pain aux raisins** – £2.35

**Pain au chocolat** – £2.35

**Croissant** (vg) – £2.35

**Croissant filled with raspberry jam** (vg) – £2.35

## LUNCH

11.00–16.00

**Ham & cheese flatbread** 494 kcal – £6.50

**No'duja flatbread** (v) 565 kcal – £6.50

**Ham & Emmental baguette** 557 kcal – £5.50

**West Country Cheddar & farmhouse baguette**  
(v) 685 kcal – £5.50

**Creamy brie & fig chutney ciabatta**  
(v) 682 kcal – £5.95

**Sicilian chicken ciabatta** 588 kcal – £5.95

## SOUP OF THE DAY

**Seasonal soup served with fresh ciabatta & butter** (v) – £5.10

Tomato & basil 169 kcal

Butternut squash & sweet potato 111 kcal

## GRAB AND GO

**Middle Eastern meze wrap** (vg) 589 kcal – £5.50

**Firecracker chicken wrap** 368 kcal – £5.50

**Tuna rocket & cucumber bloomer** 482 kcal – £4.60

**Hummus and grilled vegetable bloomer** (vg)  
241 kcal – £4.60

**Chicken and chorizo bloomer** 291 kcal – £4.60

**Children's box** – £5.00

Ham or cheese sandwich 291/331 kcal  
Fresh fruit, Pom-Bear, juice

## CAKES

**Dark & fruity flapjack** (vg) 429 kcal – £3.35

**Big rock** 479 kcal – £3.35

**Lemon drizzle** (v) 412 kcal – £3.50

**Lemon raspberry drizzle** (v) 412 kcal – £3.50

**Scones with cream and jam** (v) 470 kcal – £3.50

**Nutty brownie** (v) 539 kcal – £3.35

**Coconut & chocolate flapjack**  
(vg) 534 kcal – £3.35

**Raspberry & white chocolate muffin**  
(v) 355 kcal – £3.50

**Triple chocolate muffin** (v) 469 kcal – £3.50

**Ultimate carrot cake** (vg) 363 kcal – £4.25

**Mini Victoria sponge** (v) 411 kcal – £3.50

**Cinnamon classic bun** (v) 382 kcal – £4.95

**Homemade chocolate cookies** (v) 331 kcal – £1.75

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(v) vegetarian | (vg) vegan

We use a wide range of ingredients in our kitchen, some of which may contain allergens.

Please let us know if you have a specific allergy or dietary requirement so we can let you know of the most appropriate food choice.